



JCK TRAINING

Health and Social Care | UK & International

Challenging Behaviour and Dementia

COURSE INFORMATION 2012

Course Overview: Challenging Behaviour and Dementia

This 1-day in-house course covers a wide variety of Key aspects when working with older people in residential or domiciliary care who present behaviours which may be harmful to themselves or others.

The course is underpinned by a Toolkit of skills which care workers can use to identify and define problem behaviours, plan short and long term interventions to minimise the harm caused, and assess the cause of challenging behaviours.

The course will include an overview of some of the most common factors associated with challenging elderly clients including dementias such as Alzheimer's Disease as well as Depression and environmental or biological factors.

New for 2012!

This 1-day course is now available as a shortened 3 hour workshop with reduced Learning Objectives and more intensive input. Contact us for details.

Learning Objectives: By the end of the course participants will be able to:

- Describe the key functional and organic mental health issues that may effect older people in care
- Demonstrate interpersonal and communication skills for working with older people
- Discuss the potential vulnerability of elderly people in care and the protective arrangements to help both staff and clients
- Understand the reasons why some older people present as challenging or aggressive, and develop skills in working with challenging behaviour

This course is suitable for:

- Care Home Staff
- Residential Care Workers
- Domiciliary Care Workers
- Care Assistants

Course Outline: Challenging Behaviour and Dementia

| Session Title | Description | Learning Method |
|--|---|--|
| Introductions | About today's course Introducing the Trainer and the group members to each other | Working in Pairs Large Group Discussion |
| The Pub Quiz | Key concepts Myths and stereotypes | Small Group Exercise Slideshow |
| Casenotes: Eddie and Mrs Upton-Smythe | What do we mean by 'Challenging Behaviour' | Small Group Exercise Case Studies |
| The Four Key Factors | Assessing Identifying Planning Evaluating | Slideshow Large Group Discussion |
| Casenotes: Elisabeth | Applying our model to a realistic case scenario | Small Group Exercise Case Studies |
| The Toolkit | Useful skills and techniques to help delegates work effectively with service users | Slideshow Large Group Discussion |
| Summary, Evaluation and Close | | |

Delegates will receive a Handout Pack and Course Outline for use on the day. As a follow-up to the training we supply a complementary PDF manual sent to delegates by email. This is a comprehensive text written exclusively for this course and serves as a 'refresher' to the course material covered on the day itself. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.

Fees

We can provide an individualised, no-obligation quotation for you on request. The fee we quote is exactly what will be invoiced should you wish to book a course and will be guaranteed for a 3 month period following your initial enquiry.

We charge per course (not per person) and can work with a group of between 5 and 25 delegates at a venue of your choice. The fee includes all trainer expenses such as travel and accommodation, as well as course materials and a Certificate of Attendance for every delegate.

Our quotation includes:

| | |
|--|-------------------------------------|
| Course Fee | £600 per day ^{1,2} |
| Travel | £0.40p per mile ³ |
| Accommodation and subsistence | £70 per night ⁴ |

Working with JCK Training

Booking one of our courses is a collaborative process. From requesting a quotation to booking a date, we work closely with our clients to ensure each course is tailored to training needs and meets organisational learning outcomes. Programmes are adapted to meet the needs of any specific staff or client group at no extra charge, and Training Managers are asked to fully approve the programme before confirming dates and details. Clients will be invoiced (for the total quoted on the original quotation) on successful completion of the agreed project.

- 1** The course fee includes course delivery plus pre-course consultation and tailor-made Learning Objectives, content and case material specific and appropriate to the service users with whom your organisation works. Course materials are included as well as Certificates of Attendance for each delegate, which will be printed, signed and sent to you by post within a week of the training.
- 2** We usually deliver training over the course of a day, but most of our courses can be delivered as shorter 3-hour workshops with some truncation of Learning Objectives and content. Please enquire if this might be of interest to you. In most cases we can only provide shorter workshops on a consecutive AM and PM basis as it would not be practical to travel long distances for a single 3-hour course.
- 3** Travel expenses are based on a return journey between our base in Weymouth, Dorset and the training venue arranged by your organisation. We use Google Maps to calculate the shortest car journey, but will travel by train or air where practical and financially viable in which case any savings will be reflected in the quotation.
- 4** We will charge for overnight accommodation and subsistence only where significant travel is required by the trainer prior to course delivery.



Lead Training Consultant Connor Kinsella with a group of BTEC Care of the Older Person students

We guarantee:

- ▶ Brief, high-impact courses
- ▶ Individualised programmes focussed on YOUR staff and YOUR client groups
- ▶ Value for Money: we work with groups of up to 25 delegates
- ▶ Skilled, experienced trainers with years of 'hands-on' experience
- ▶ Testimonials and references available on request
- ▶ High quality training materials and reading lists

Contact Us

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