



JCK TRAINING

health and social care | UK & Ireland

Learning Disability and Mental Illness

COURSE INFORMATION 2012

Course Overview: Learning Disability and Mental Illness

It is a common misconception that Learning Disabled adults do not suffer from mental illnesses such as Schizophrenia or Depression whereas nothing could be further from the truth. People with intellectual disabilities experience mental disorder at a disproportionately high rate, but with difficulties in communicating and articulating how they feel, the mental health needs of this group are often missed by support staff and mental health professionals.

This 1-day in-house course aims to dispel some of the key myths and misunderstandings surrounding the mental health issues of learning disabled adults and will explore ways of identifying psychiatric symptoms even where service users are unable to communicate verbally or describe their emotions in a way that most of us would take for granted.

The course will also look at how support staff and care workers can secure assessment and interventions for their clients and work successfully alongside mental health professionals and primary care staff to ensure that Learning disabled people enjoy the same identification and relief from symptoms as any other adult.

New for 2012!

This 1-day course is now available as a shortened 3 hour workshop with reduced Learning Objectives and more intensive input. Contact us for details.

Learning Objectives: By the end of the course participants will be able to:

- Discuss how a learning disabled service user may be affected by mental health problems and how health care services should respond
- Recognise and use a 'toolkit' of practical tips which can be easily used to help service users with actual or potential mental health issues
- Demonstrate key skills in supporting clients with substance use and mental health problems, and be aware of current research and development

This course is suitable for:

- Housing Support staff
- Residential Care Workers
- Teachers and Lecturers
- Prison Workers

Course Outline: Learning Disability and Mental Illness

Session Title	Description	Learning Method
Introductions	About today's course Introducing the Trainer and the group members to each other	Working in Pairs Large Group Discussion
The Pub Quiz	Exploding Myths and Stereotypes	Small Group Exercise
Casenotes: John, George and Thelma	Understanding the impact of mental illness on the Learning Disabled adult	Small Group Exercise Case Studies
The Toolkit	Useful skills and techniques to help delegates work effectively with service users	Slideshow Large Group Discussion
Casenotes: Chris	How to recognise signs of mental illness	Small Group Exercise Case Studies
Mind Mapping	Applying what we have covered to a real service user	Small Group/Individual Exercise Presentation
Summary, Evaluation and Close		

Delegates will receive a Handout Pack and Course Outline for use on the day. As a follow-up to the training we supply a complementary PDF manual sent to delegates by email. This is a comprehensive text written exclusively for this course and serves as a 'refresher' to the course material covered on the day itself. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.

Fees

We can provide an individualised, no-obligation quotation for you on request. The fee we quote is exactly what will be invoiced should you wish to book a course and will be guaranteed for a 3 month period following your initial enquiry.

We charge per course (not per person) and can work with a group of between 5 and 25 delegates at a venue of your choice. The fee includes all trainer expenses such as travel and accommodation, as well as course materials and a Certificate of Attendance for every delegate.

Our quotation includes:

Course Fee	£600 per day ^{1,2}
Travel	£0.40p per mile ³
Accommodation and subsistence	£70 per night ⁴

Working with JCK Training

Booking one of our courses is a collaborative process. From requesting a quotation to booking a date, we work closely with our clients to ensure each course is tailored to training needs and meets organisational learning outcomes. Programmes are adapted to meet the needs of any specific staff or client group at no extra charge, and Training Managers are asked to fully approve the programme before confirming dates and details. Clients will be invoiced (for the total quoted on the original quotation) on successful completion of the agreed project.

- 1** The course fee includes course delivery plus pre-course consultation and tailor-made Learning Objectives, content and case material specific and appropriate to the service users with whom your organisation works. Course materials are included as well as Certificates of Attendance for each delegate, which will be printed, signed and sent to you by post within a week of the
- 2** We usually deliver training over the course of a day, but most of our courses can be delivered as shorter 3-hour workshops with some truncation of Learning Objectives and content. Please enquire if this might be of interest to you. In most cases we can only provide shorter workshops on a consecutive AM and PM basis as it would not be practical to travel long distances for a single 3-hour course.
- 3** Travel expenses are based on a return journey between our base in Weymouth, Dorset and the training venue arranged by your organisation. We use Google Maps to calculate the shortest car journey, but will travel by train or air where practical and financially viable in which case any savings will be reflected in the quotation.
- 4** We will charge for overnight accommodation and subsistence only where significant travel is required by the trainer prior to course delivery.



Lead Training Consultant Connor Kinsella with a group of BTEC Care of the Older Person students

We guarantee:

- ▶ Brief, high-impact courses
- ▶ Individualised programmes focussed on YOUR staff and YOUR client groups
- ▶ Value for Money: we work with groups of up to 25 delegates
- ▶ Skilled, experienced trainers with years of 'hands-on' experience
- ▶ Testimonials and references available on request
- ▶ High quality training materials and reading lists

Contact Us

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