



**JCK TRAINING**

Health and Social Care | UK & International

# Risk Assessment & Management in Mental Health

COURSE INFORMATION 2012

## Course Overview: Risk Assessment & Management in Mental Health

Risk assessment and management in social care is a 1-day course which integrates care providers' existing policy and procedures with a broad overview of how the process can benefit staff, service users and those around them. We discuss the risk process as a 3-stage process of assessment, formulation and management which involves common sense, rapport-building, harm awareness and communication to develop quality skills which go far beyond the completion of a few forms. The course makes use of case studies, audio-visual material and small group work to apply theory to the front-line of social care.

### New for 2012!

**This 1-day course is now available as a shortened 3 hour workshop with reduced Learning Objectives and more intensive input. Contact us for details.**

### Learning Objectives: By the end of the course participants will be able to:

- Discuss the evidence base for quality risk assessment, formulation and management
- Identify individual and group skills in current practice
- Compare actuarial/statistical and clinical approaches to working with risk assessment

### This course is suitable for:

- Health Professionals
- Supported Housing Workers
- Social Care Staff
- Police Officers/Prison Officers
- Youth Workers

## Course Outline: Risk Assessment & Management in Mental Health

Session Title	Description	Learning Method
<b>Introductions</b>	About today's course  Introducing the Trainer and the group members to each other	Working in Pairs Large Group Discussion
<b>Quiz</b>	Key concepts Myths and stereotypes	Individual Exercise: Introducing some initial thoughts, ideas and viewpoints on risk
<b>Casestoes: Peter</b>	An introduction to the 3 key stages, Likelihood vs Severity and identification of risk factors	Small group exercise using video to highlight key risk factors and the process of assessment, formulation and management
<b>Defining, Explaining and Mnemonics</b>	Identifying Planning Evaluating	Key terminologies and identifying best practice
<b>The Toolkit</b>	Bringing together the key skills involved in assessing and managing risk	Presentation Large Group Discussion
<b>Creating a Risk Map</b>	Preparing a graphical case presentation	Small group or individual exercise: applying risk theory to real-life scenarios
<b>Summary, Evaluation and Close</b>		

Delegates will receive a Handout Pack and Course Outline for use on the day. As a follow-up to the training we supply a complementary PDF manual sent to delegates by email. This is a comprehensive text written exclusively for this course and serves as a 'refresher' to the course material covered on the day itself. Delegates will also receive a Certificate of Attendance within a week of the event. All courses are fully evaluated using our own documentation, but in-house evaluation methods can be used if preferred.

## Fees

We can provide an individualised, no-obligation quotation for you on request. The fee we quote is exactly what will be invoiced should you wish to book a course and will be guaranteed for a 3 month period following your initial enquiry.

We charge per course (not per person) and can work with a group of between 5 and 25 delegates at a venue of your choice. The fee includes all trainer expenses such as travel and accommodation, as well as course materials and a Certificate of Attendance for every delegate.

Our quotation includes:

<b>Course Fee</b>	<b>£600 per day <sup>1,2</sup></b>
<b>Travel</b>	<b>£0.40p per mile <sup>3</sup></b>
<b>Accommodation and subsistence</b>	<b>£70 per night <sup>4</sup></b>

### Working with JCK Training

Booking one of our courses is a collaborative process. From requesting a quotation to booking a date, we work closely with our clients to ensure each course is tailored to training needs and meets organisational learning outcomes. Programmes are adapted to meet the needs of any specific staff or client group at no extra charge, and Training Managers are asked to fully approve the programme before confirming dates and details. Clients will be invoiced (for the total quoted on the original quotation) on successful completion of the agreed project.

- 1** The course fee includes course delivery plus pre-course consultation and tailor-made Learning Objectives, content and case material specific and appropriate to the service users with whom your organisation works. Course materials are included as well as Certificates of Attendance for each delegate, which will be printed, signed and sent to you by post within a week of the training.
- 2** We usually deliver training over the course of a day, but most of our courses can be delivered as shorter 3-hour workshops with some truncation of Learning Objectives and content. Please enquire if this might be of interest to you. In most cases we can only provide shorter workshops on a consecutive AM and PM basis as it would not be practical to travel long distances for a single 3-hour course.
- 3** Travel expenses are based on a return journey between our base in Weymouth, Dorset and the training venue arranged by your organisation. We use Google Maps to calculate the shortest car journey, but will travel by train or air where practical and financially viable in which case any savings will be reflected in the quotation.
- 4** We will charge for overnight accommodation and subsistence only where significant travel is required by the trainer prior to course delivery.



Lead Training Consultant Connor Kinsella with a group of BTEC Care of the Older Person students

## We guarantee:

- ▶ Brief, high-impact courses
- ▶ Individualised programmes focussed on YOUR staff and YOUR client groups
- ▶ Value for Money: we work with groups of up to 25 delegates
- ▶ Skilled, experienced trainers with years of 'hands-on' experience
- ▶ Testimonials and references available on request
- ▶ High quality training materials and reading lists

## Contact Us

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